

# A Year in Review: Reflections and Future Directions

## Dear Colleagues,

We are pleased to present the third issue of the *Yeditepe Journal of Health Sciences*, which also constitutes the final issue of 2025. The past year has been both productive and inspiring, marked by dedicated efforts to establish the journal and ensure its continued development.

The cover artwork featured in this issue is *Two Nurses* by Edvard Munch, painted in 1909 during a period of hospitalization. Munch was a Norwegian painter and a prominent figure of the Expressionist movement, widely recognized for his iconic work *The Scream*. Throughout his life, he endured multiple illnesses, including severe and recurrent mental health conditions, which profoundly influenced his artistic expression. Regrettably, many of his works were criticized and undervalued during his lifetime; in some instances, patrons who commissioned his paintings were so dissatisfied that they returned them.

This issue includes a diverse selection of articles, ranging from drug-related research to studies involving medical students. As time passes swiftly—*verba volant, scripta manent*—our primary objective is to publish scholarly work grounded in knowledge and scientific rigor that will endure within the scientific record. Beyond publication, our foremost aspiration is for these articles to be widely read, critically evaluated, and, most importantly, cited by the scientific community. Increasing the visibility and citation of our publications is a key goal we look forward to pursuing in 2026.

As we bring the year to a close, I would like to extend my sincere gratitude to the authors who submitted their valuable work to our journal, to the reviewers for their meticulous and constructive evaluations, to the editorial team for their dedicated contributions, to **.doc**, the publisher of the journal, for its role in realizing this journal, and to our university administration for their continued support.

We extend our best wishes for a healthy, successful, and prosperous New Year, and hope that 2026 brings continued achievement and fulfillment to all.

Stay healthy,

**Güleren Yanikkaya Demirel**

Editor-in-Chief

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